



HOW TO MOVE WITH CHILDREN
WITH 1-800-PACK-RAT 

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PART 1: INVOLVE YOUR KIDS



Part of the Process

Involve your child/children in the different parts of the move, such as house hunting, holding a yard sale and decorating their new room. Being part of the process may help ease the stress of moving for them.

Allow your child to decorate the moving boxes with crayons or stickers to make a potentially stressful situation more fun.

Research

Research local schools in your new area and look for extracurricular activities that your child can start getting involved with.

Look for attractions near your new home to get your children excited about the location of their new home.



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PART 2 : KEEP THEM COMFORTABLE

Day-of-the-Move Box

Pack a box to keep with you that includes several of your child's favorite belongings so that they can feel comfortable through the move and as soon as you arrive at your new home.

Saying Goodbye

Before your move, take one last trip to some of your child's favorite places. This will allow them to say goodbye and leave on a happy note.

Fun Facts

An average four year old asks 437 questions a day.*

Almost 75% of all children under the age of 5 have an item of security, such as a blanket or teddy bear.**

Lego's are rated the most influential toy of all time.***

*<http://www.10-facts-about.com/children/id/22>

**<http://motherhood.modernmom.com/children-become-attached-security-blankets-17852.html>

***<http://time.com/3089384/influential-toys/>



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PART 3 : CALM THE CHAOS

Hire a Babysitter

To eliminate some of the stress that accompanies move-in day, look into having a babysitter, so you don't have to worry about splitting your focus between your children and packing.

Arrange Play Dates

You could also arrange for your children to have play dates with their friends on move-in day. They will most likely be glad to spend quality time with their friends before they move away.

Pack Up Living Room Last

Packing up part of the living room last will also provide an area for your children to watch movies and entertain themselves while you work on packing up other areas of your home.

Quick Tip

Keep them busy- If your children are looking for ways to get involved in the move, find easy tasks for them to do, such as packing up their stuffed animals and toys.